

Concentration difficulties – Female aged 9

1st Visit: 30th August 2014: A chatty, happy outgoing 9 year old girl was brought to my clinic by her mother. Her mother was concerned that she experienced difficulty with focussing her concentration and that this was affecting her school performance which was described as low average.

This little girl had been under the care of a paediatrician since birth and had been diagnosed with attention deficit disorder. From a very young age it was noticed that she always just “bounced” from one thing to the next. Her mother said that she never seemed to hear all the instructions given to her and rarely, if ever, finished any task as she would get waylaid. At school she also was generally unable to finish her work and to do so she needed assistance and guidance.

Health history revealed a strong history of infections.

- Had a constant green discharge from her nose from birth.
- Had many eye infections.
- Many ear/ nose infections. Infections occurring in both the right and left ear. Developed a hole in the eardrum of the left ear which was repaired but did not heal. The eardrum had residual scarring.
- Many bouts of tonsillitis / adenoids from the age of 2.5 years.
- Three sets of grommets had been placed into her ears.

As a consequence of this history this girl has been visiting an audiologist every 6 months and has a referral until she is 16 years of age. She wears glasses and has vision therapy. Her eyes are checked every 2 years and the expectation is that this will continue until after her teen years.

When unwell she can run a fairly high temperature, totally loses her very large appetite and refuses drinks. Remainder of history is unremarkable although her mother did mention that she had a heavy fall when 24 weeks pregnant with her and that she was delivered by caesarean section 3 weeks early.

Repertorisation; (Mac Rep for Windows):

STOMACH; THIRSTLESSNESS (166)

MIND; CONCENTRATION; difficult (298)

MIND; CHEERFULNESS, gaiety, happiness; tendency (290)

GENERALITIES; RESTLESSNESS, physical (128)

GENERALITIES; INFLAMMATION (402)

FEVER, HEAT; HEAT in general (249)

Facial Analysis:

Yellow (psora)	Red (sycosis)	Blue (syphilis)
Front teeth	Teeth – gaps	Dimples
Hairline shape	Lips size	Teeth
Smile compact	Chin – ball	Chin shape
Chin angle	Nose width	Asymmetry – eyes/mouth
	Forehead shape	Eyes – position
	Bridge - full	Overbite
	Ears – stick out (?)	
4	6-7	6

Based on the facial analysis this patient belongs to the purple or syco-syphilitic group. She requires a remedy from the purple group. Editor – note colours in the MacRepertory graph are not related to the HFA allocation of remedies – see www.vcch.org/remedies

From the repertorisation the remedies for consideration are Belladonna, Hyoscyamus, Stramonium, Anacardium, Staphisagria, Veratrum.

Prescription: Belladonna 30C daily

1st Follow Up: 27th September 2014. Health has been good. Concentration has definitely improved with even her teachers commenting upon the change. She is actually finishing her work with very little assistance. I was proudly informed by this little girl that she was now one of the few people in her class who is getting all her spelling correct.

At home her mother says that she is getting things done quicker and that she does not have to ask as often or yell. Both are very pleased with the change.

Prescription: Continue Belladonna 30C daily

2nd Follow Up: 8th November 2014: Health continues to be good. She is doing very well at school. Her performance is a lot better than expected - much to everyone's surprise.

There had been a recent review of her eyes as she had started to complain about having sore eyes whilst using her glasses. As a result of this she no longer needs to wear glasses or to continue having her eyes monitored.

There was also one of her regular 6 monthly trips to the audiologist. The scarring has completely healed and there is no need to have the situation reviewed in the future. After the many years of frequent visits to these specialists both mother and daughter are very happy.

Prescription: Continue Belladonna 30C daily

3rd Follow Up: 28th February 2015: Health continues to be good. No health issues since last seen. Finished the school year on a very positive note and looking forward to the new school year. Mother says that she continues to be far more responsive to requests and now usually does not have to repeat a request. Both are very happy with the improvements they have seen since being on remedy.

Prescription: As the issues that this little girl had presented with had subsided significantly I decided to see how she goes without the remedy. The mother was told to contact me if she felt that there was any further concerns or that the daughter started to show similar problems.