

# HOMŒOPATHIC FACIAL ANALYSIS (HFA)

## PUTTING IT ALL TOGETHER

To put this method into practice and get the clinical results that our patients deserve the following steps need to be implemented

- Read *Appearance and Circumstance* first – it will help you understand the theory and background to the development of HFA.
- Look at the photos and take a copy of the remedy page (page 230/231)
- Add to this list from the VCCH website - [www.vcch.org/remedies.html](http://www.vcch.org/remedies.html) (this list is updated every few months)
- Use *Homœopathic Facial Analysis* (Companion Guide) as your working guide to facial analysis
- Read the chapter *Taking Photos* (page 28) thoroughly and practice until your images are the same as page 33
- Familiarise yourself with all the features and practice, practice, practice
- Take a copy of the *Chart of Features* (page 158) and keep a copy or copies on your desk to refer to as a reference guide (note this chart is more up to date than the chart in *Appearance and Circumstance*)
- Read the cases on the website - [www.vcch.org/cases.html](http://www.vcch.org/cases.html) - study how these cases were taken and which rubrics were chosen – follow a similar format and incorporate facial analysis to decide the dominant miasm of the patient
- Read the nine step HFA plan - [www.vcch.org/downloads/HFA-nine-step-plan.pdf](http://www.vcch.org/downloads/HFA-nine-step-plan.pdf)
- Purchase a digital camera of at least 2.3 megapixels
- Purchase homœopathic software – you cannot repertorise properly without it – use a repertory based on Kent's repertory where possible – or at least a repertory that has many general rubrics that have many remedies in them (Boenninghausen, Murphy etc)
- If you need help with a photo analysis VCCH can provide support for a small fee for a full set of photos - see <http://www.vcch.org/analyseyourphotos.html> (photo instructions on the site)
- Remember to combine WHAT YOU SEE WITH THE NAKED EYE and the PHOTOS – check the tips on the website [www.vcch.org/photos.html](http://www.vcch.org/photos.html)

You will get better at facial analysis after only a few months. After a while it will become second nature but remember all of us sometimes have difficulty with some faces. It is easier to work in pairs or a group. If in doubt try the most obvious miasm and repertorised remedies – and if you need to move to the next closest miasm and see where the result lies. From this you will learn which features made the difference.

See the free online facial wizard (slow but accurate if you enter the correct data)  
<http://www.soulandssurvival.com/>

**PLEASE SEND US FEEDBACK ABOUT YOUR SUCCESSFUL CASES**